

BUDDHIST EDUCATION NETWORK

MARCH BREAK CAMP 2012



East Meets West Cultural Exploration Day Camp – Ages 15 to 17

Explore ...

Vegetarian Cooking, Health & Nutrition with Experts

Buddhist Art and Culture of Asia

Buddhist Living in the West

Learn ...

Mindful Tai Chi Exercises

to De-stress, Improve Focus & Emotional Intelligence

Two full-days (Fee: \$60)

March 12 @ 569 Spadina Ave. (U of T campus)

March 13 (High Park area) a.m. @ 33 High Park Gardens & p.m. @ 28 Heintzman Street

registration & further info: www.BuddhistSchoolforYouth.ca 416- 910-4858 Chris Ng

Sponsors: * [Buddhist Education Foundation for Canada](#) * [Green Think Tank](#)
* [Shakya Dorje, Physician of Tibetan Medicine](#) * [Toronto Zen Centre](#)